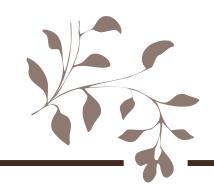


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PSYCHOTHERAPY
WOMEN'S ISSUES

Emotions Chart

Level of Intensity	Happiness	Sadness	Fear	Uncertainty	Anger	Strength/ Potency	Weakness/ Inadequacy
Strong	Excited	Despairing	Panicked	Bewildered	Outraged	Powerful	Ashamed
	Thrilled	Hopeless	Terrified	Disoriented	Hostile	Authoritative	Powerless
	Delighted	Crushed	Afraid	Mistrustful	Furious	Forceful	Vulnerable
	Overjoyed	Miserable	Frightened	Confused	Angry	Potent	Cowardly
	Ecstatic	Abandoned	Seared		Harsh		Exhausted
	Elated	Defeated	Overwhelmed		Hateful		Impotent
	Jubilant	Desolate			Mean		
		Depressed			Vindictive		
N/ 1 4	66T T 22	D: 4.1	XX7 · 1	D 1.01	A 1	T 1	Г 1 1
Moderate	"Up"	Dejected	Worried	Doubtful Mixed Up	Aggravated Irritated	Tough	Embarrassed Useless
	Good	Dismayed Disillusioned	Shaky	Mixed Up		Important Confident	
	Happy Optimistic		Tense	Insecure	Offended Mad	Fearless	Demoralized
	Cheerful	Lonely Bad	Anxious	Skeptical	Frustrated		Helpless
	Enthusiastic		Threatened	Puzzled	Resentful	Energetic Brave	Worn out
		Unhappy Pessimistic	Agitated		"Sore"		Inept Incapable
	Joyful 'Turned					Courageous	-
	On"	Sad			Impatient	Daring	Incompetent
		Hurt			Obstinate	Assured	Inadequate
		Lost				Adequate	Shaken
						Self- confident	
						Skillful	
Weak	Pleased	"Down"	Jittery	Unsure	Perturbed	Determined	Frail
	Glad	Discouraged	Jumpy	Surprised	Annoyed	Firm	Meek
	Content	Disappointed	Nervous	Uncertain	Grouchy	Able	Unable
	Relaxed	"Blue"	Uncomfortable	Undecided	Hassled	Strong	Weak
	Satisfied	Alone	Uptight	Bothered	Bothered		
	Calm	Left out	Uneasy		Disagreeable		
			Defensive				
			Apprehensive				
			Hesitant				
			Edgy				



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Psychotherapy
Women's Issues

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